

**CALIFORNIA BALLET SCHOOL'S PLACEMENT CLASS GUIDELINES FOR ALL LOCATIONS**

**\*By Invitation Only**

<b>Class Name</b>	<b>Age &amp; experience required to attend this class as a placement class exp=experience</b>	<b>Curriculum</b>	<b>Required Classes Weekly</b>
Toddler	2	This half hour class is intended as an introduction to dance which combines pre-ballet with motor-coordination skills	1
Tiny Tots	3	A combination of pre-ballet & tap. This class develops rhythm, creative ability, motor skills and coordination.	1
Dance Combo A	All 4 yr olds 5 without exp	A combination of tap and ballet. Tap dancing is a form of dance where rhythmic sounds are created by the feet. Tap teaches a sense of tempo, timing and counting. Ballet is extremely beneficial because it instills poise, grace, rhythm and discipline. At this level basic ballet technique is introduced. The emphasis is on coordination, musicality and rhythm. Students are taught the basic ballet positions as an introduction. Imagination is encouraged through activities such as skipping, music interpretation, and tumbling.	1
Dance Combo B	5 with exp 6 without exp	The emphasis is basically the same as Dance Combo A but more terminology, positions, and movements are incorporated as the body and mind develop.	1
Dance Combo C	6 with exp, 7 without exp	The emphasis is basically the same as Dance Combo A & B but more terminology, positions, and movements are incorporated as the body and mind develop.	1
Ballet A	All 4 yr olds 5 without exp	At this level basic ballet technique is introduced. The emphasis is on coordination, musicality and rhythm. Students are taught the basic ballet positions as an introduction. Imagination is encouraged through activities such as skipping, marching, music interpretation, and tumbling.	1
Ballet B	5 with exp 6 without exp	The emphasis is basically the same as Ballet A but more terminology, positions, and movements are incorporated as the body and mind develop.	1
Ballet C	6 with exp, 7 without exp	The emphasis is basically the same as Ballet A & B but more terminology, positions, and movements are incorporated as the body and mind develop.	1
Ballet D	7 with exp, 8 without exp	The emphasis is basically the same as Ballet A, B & C but more terminology, positions, and movements are incorporated as the body and mind develop.	1
Boys A	6 & up	The boys work on strength, balance, agility, flexibility, and begin to study basic principles of Ballet.	1
Boys B	9 & up	A more advanced class focuses on fundamentals of Ballet.	1
Boys C	12 & up	Emphasis is on technique, flexibility and strength with a wider variety of combinations.	1
Ballet 1	8-13 without exp, or with 1-2 yrs exp	Covers basic fundamentals & ballet technique including stretching, exercises at barre, center & across the floor.	2
Ballet 2:	11-13 with 2 yr ballet exp	This class is a preparation for pointe work and helps to build strength, self determination and motivational skills.	2
Ballet 3	Do not use as a placement class	A more advanced version of Ballet 2, not to be used as a placement class.	2
Ballet 4	11-12 with 3 yrs ballet exp	Pointe is begun at this level. Technique is strengthened further, with the class learning new material as well. This is an important level at which to develop good habits	3
Ballet 5	12 & up with 2 yrs exp & 1-2 yrs pointe		4
Ballet 6	13 & up with 3 yrs exp & 2-3 yrs pointe		5
Ballet 7	Do not use as a placement class	This class is for the serious and advanced student	5
Ballet 8	Do not use as a placement class	Company Class, by invitation only	
*Pas de Deux	By invitation only	Emphasis on ballet partnering work to develop strength and coordination.	n/a
*Variations	By invitation only	Students learn excerpts from Classical Ballets.	n/a
Beginning Adult	14 & up, no exp	Emphasis is on basic ballet technique, stretching, strengthening the body, great for toning and musical understanding. Beginning class for those without experience.	n/a
Intermediate Adult	14 & up, with 2 years exp	Emphasis remains on technique, flexibility and strength with a wider variety of combinations.	n/a
Open Adult	14 & up, with exp/former professional or fulltime ballet student	Intermediate level: Once the basic technique is learned and improved, new material is introduced. Advanced level: The emphasis is placed on developing fluidity, extension, strength in all movements and working more within musical values.	n/a
Workshop	Ballet 4 & up Workshop A (flamenco) may be taken independently by age 8 and up	Introduction to different styles of dance, jazz, modern, character, variations from different ballets, etc. Other topics such as stage lighting, make-up, etc. Students in Ballet 4 and up have the opportunity to audition for the Junior Company which offers performing experience.	1
Body Dynamics	Ballet 5 & up, or with Director's approval	Supplemental class to develop overall strength, balance, flexibility and awareness.	n/a
Pilates	Ballet 5 & up, adult students 14 & up, company dancers	Mat class emphasizing body weight as the primary source of resistance. Focus is placed on precise movements originating from the center or core of your body.	n/a
Jazz 1	5-7 without exp (BB-B1)	Focus is on isolations of the body, improving performance quality and developing complex rhythms and patterns.	1
Jazz 2	7 with exp, or 8-12 without exp (B1-B3)	As students progress, the curriculum becomes more complex and intricate	1
Jazz 3	9-13 with exp (B2-B4)	As students progress, the curriculum becomes more complex and intricate	2
Jazz 4	*11-12 with exp (B5a-B5b)	As students progress, the curriculum becomes more complex and intricate	2
Jazz 5/6	*13-14 with exp (B5b-B7)	As students progress, the curriculum becomes more complex and intricate	2
Tap 1	5-7 without exp (BB/BC)	Tap combinations & terminology. Emphasis on performance skills.	1
Tap 2	7 with exp, or 10-12 without exp (BD-B2)	More combinations and speed. Builds on skills learned in Tap 1.	1
Tap 3	*9-13 Placement Class required	Intermediate Tap. Builds on skills learned in Tap 2.	1
Teen Tap	12 & up, Experience helpful	1 hour tap class. Combinations, turns, develop rhythm and speed.	1
Adv. Tap	9 & up w/ exp.	Combinations, turns, complicated rhythms & speed.	1
Hula/Tahitian	4 & up	Beginning Hula and Tahitian. Emphasis on fluidity and musicality.	1
Clogging	8 & up	More involved clog combinations and speed. Clog 1 or equivalent required	1